ΝZ

Secondary Schools Programme

The TriNZ Secondary Schools Programme (SSP) aims to support positive Triathlon-related experiences for secondary school students that focus on inclusion, co-operation, and fun.

This resource has been designed to provide both structure and flexibility to easily incorporate activities into classroom and outdoor learning to best suit your school context.

The TriNZ Secondary Schools Programme could be utilised to achieve the standards of the following subjects:

- Physical Education
- Core Skills
- Digital Technologies (eSport)

Secondary Schools Programme

There are a variety of experiences on offer for young people to have a go at Triathlon-related activities at school, connect with TriNZ or their local Triathlon club, and be involved in local community events.

Every school has a unique sporting, social, and technological context. This programme allows a school to curate their journey throughout the school year to best suit the needs of staff and students.

The following pages outline the options available, the time of year each occurs, and case study examples of the programme in action to fulfil various achievement objectives.



Secondary Schools Programme

Triathlon-related experiences, providers and timeframes (* = fees associated)

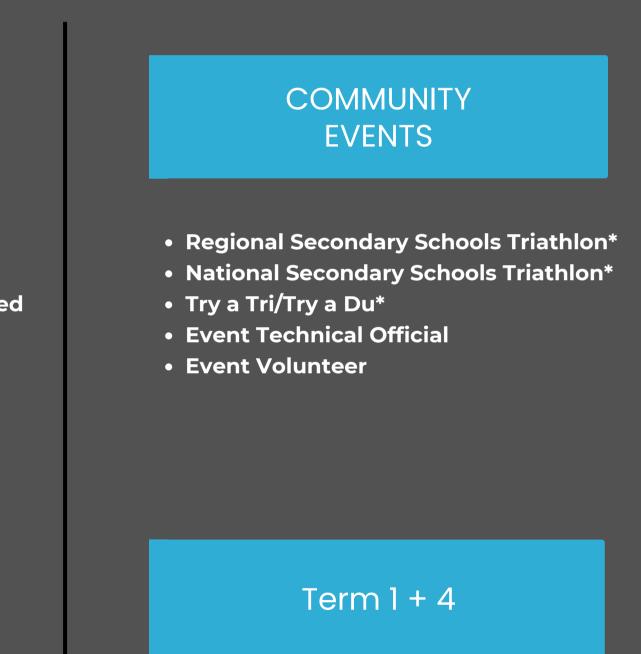
SCHOOL GROUNDS

- Triathlon NCEA Credits
- Core Skills NCEA Credits
- Digital Technology NCEA Credits
- Duathlon
- Tag Team Relay
- Coaching accreditation*
- Technical Official training

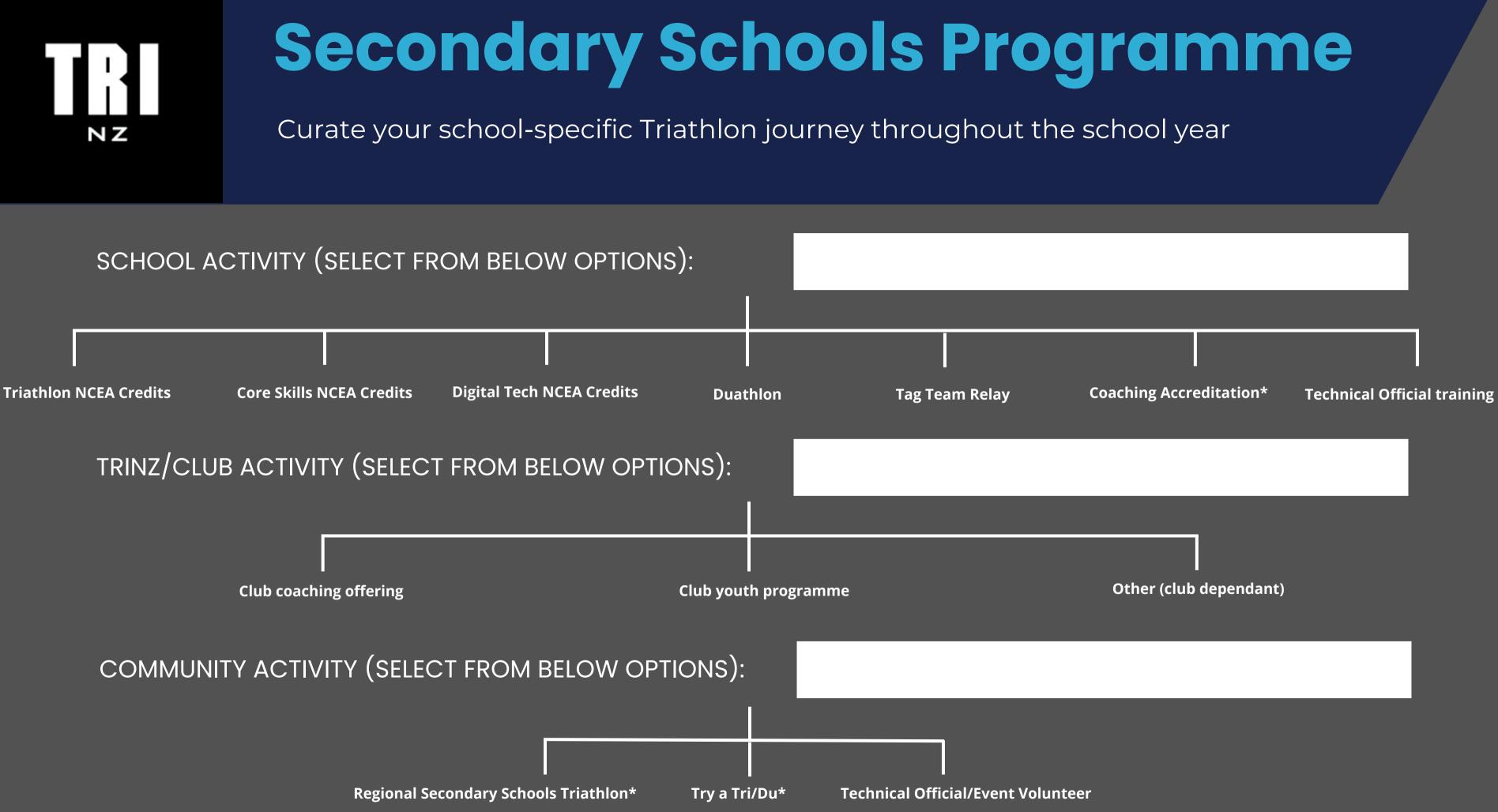
TRINZ/LOCAL TRIATHLON CLUB (CTC)

- Club coaching
- Club Youth Programme*
- See below for a listing of all Tri NZ affiliated clubs
- https://triathlon.kiwi/getinvolved/find-aclub/

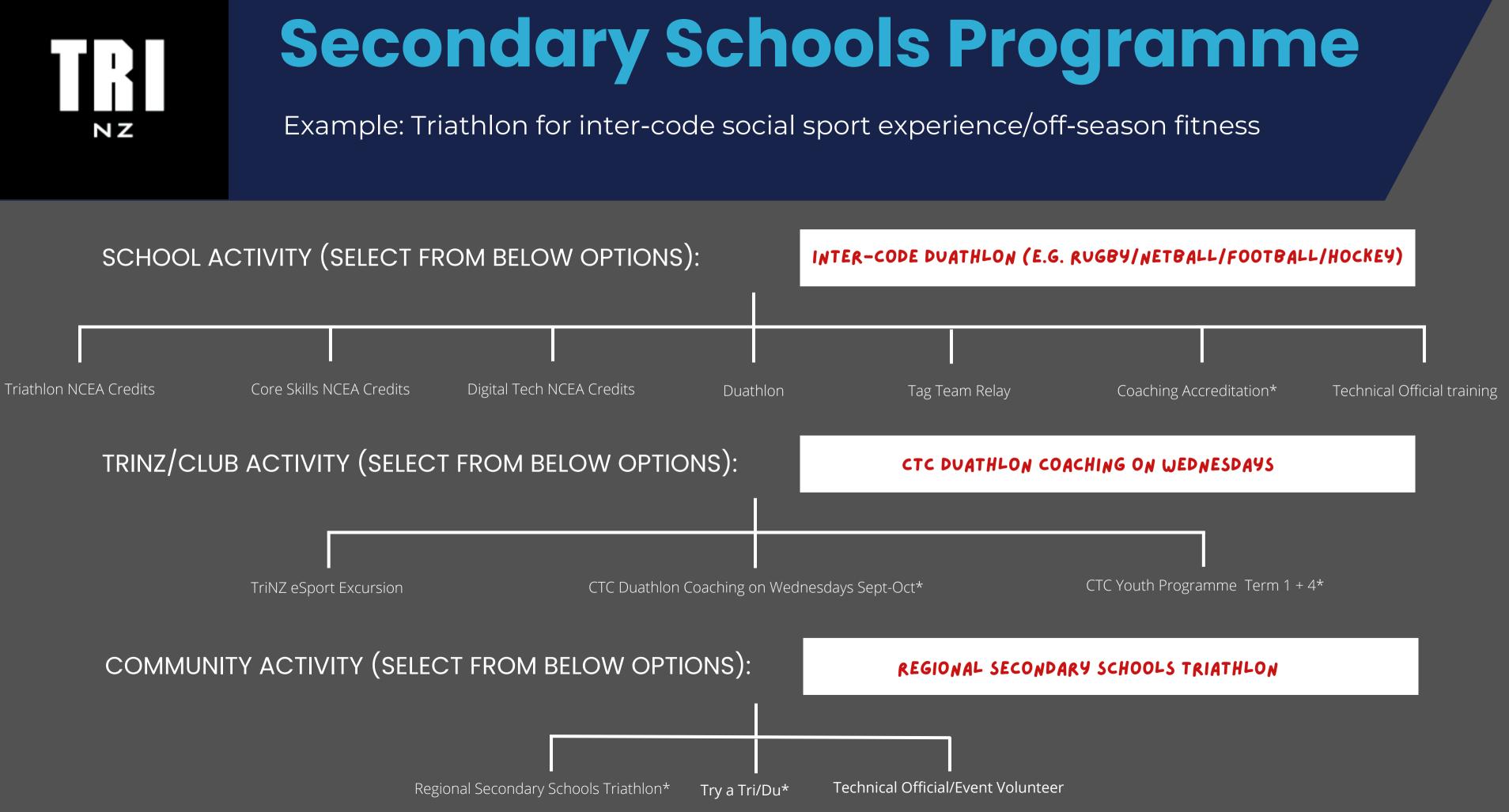
Year-round













Secondary Schools Programme

Example: Triathlon for encouraging more young women to be active

SCHOOL ACTIVITY (SELECT FROM BELOW OPTIONS):

Triathlon NCEA Credits

Core Skills NCEA Credits

Digital Tech NCEA Credits

Duathlon

TRINZ/CLUB ACTIVITY (SELECT FROM BELOW OPTIONS):

TriNZ eSport Excursion

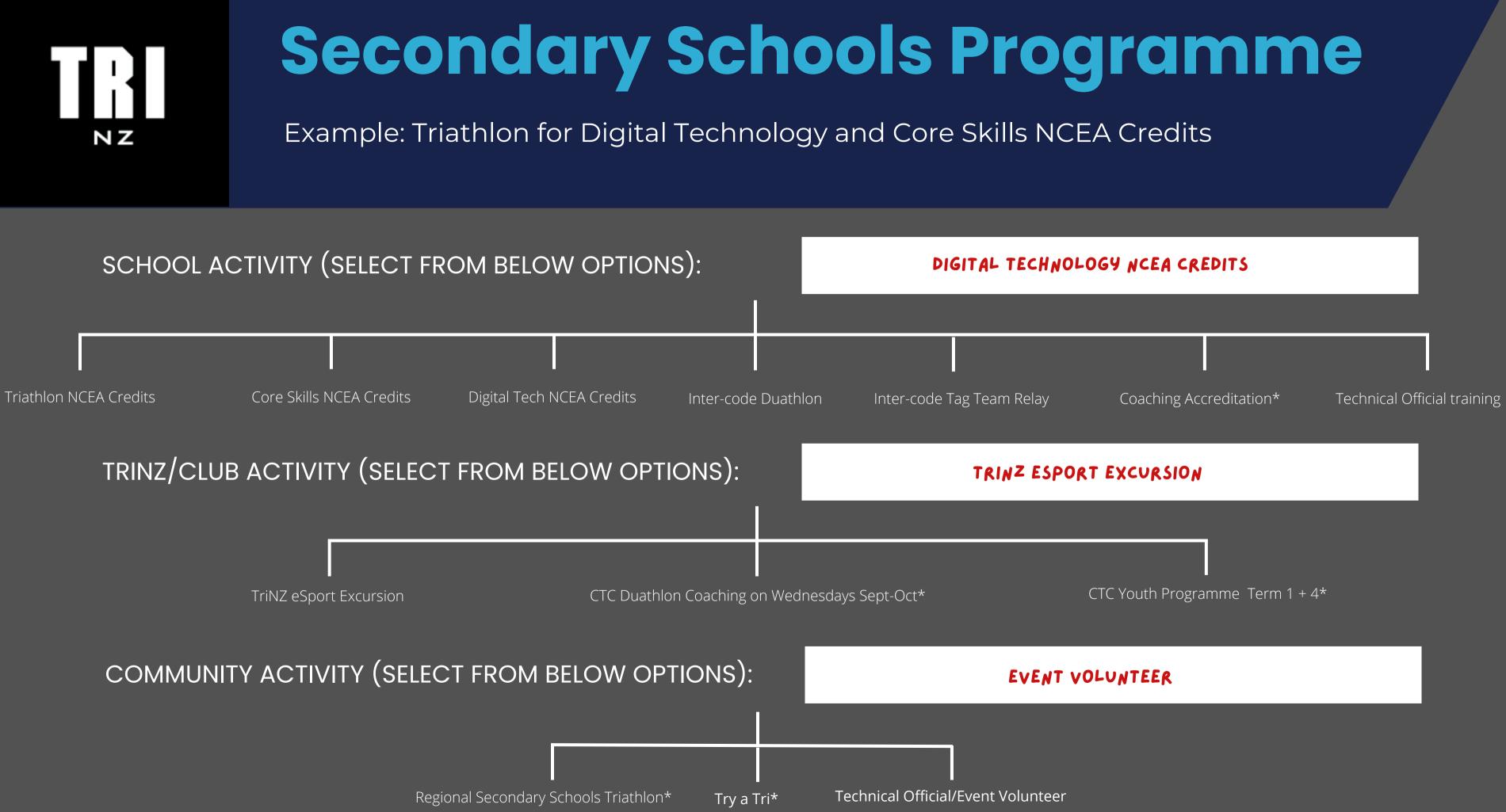
CTC Duathlon Coaching on Wednesdays Sept-Oct*

COMMUNITY ACTIVITY (SELECT FROM BELOW OPTIONS):











Triathlon in your region

For those wanting to participate in a public event, or be involved in Triathlon on a regular basis, here are details and resources to support the journey of students across New Zealand:

TRIATHLON/DUATHLON PUBLIC EVENTS

- See the Triathlon NZ events calendar for all events in your region https://triathlon.kiwi/events/events-calendar/
- See the Rangatahi page for specific school events o https://triathlon.kiwi/rangatahi/

CLUB JUNIOR PROGRAMME

• get in touch with your local club: https://triathlon.kiwi/getinvolved/find-a-club/

TRINZ YOUTH

https://triathlon.kiwi/youth-triathlon/