TRI NZ NATIONAL DEVELOPMENT SQUAD

SELECTION POLICY 2024

1. Introduction

Triathlon NZ (Tri NZ) High Performance (HP) provides a development pathway comprised of four tiers that aims to support athletes to become World Class Triathletes.

Tier	Descriptor	Squad	HPSNZ Support
1	Performance: Probable & Convert	High Performance	TAPS Level 1
2	Development: Opportunity & Potential	High Performance	TAPS Level 2
3	Talent: Confirmation	National Tracking	TAPS Level 3
4	Talent: Identification	National Development	Non-TAPS

2. Purpose

The Tri NZ National Development Squad (NDS) is set up to support athletes to bridge the gap into the National Tracking Squad. The NDS aims to identify, develop, and prepare athletes for international racing. The squad consists of 16-20 year old males and 17-21 year old female athletes, as at 1 January 2024, who have aspirations to race on the World Triathlon circuit and qualify for the Olympics. The NDS operates under three key principles.

- Accountability to performance conversations (program, athlete, coach)
- Connection and engagement
- Values-based

3. Nomination Process

Athletes wishing to be considered for selection must submit a completed nomination form by 31 March 2024 by completing the online form available here with the following information: name, age, prognostic swim & run times (available to be verified if required), and any other relevant information.

Tri NZ will be holding a development camp the week following the Oceania Standard Distance Championships (April 14), there will be an opportunity to complete prognostic testing at this time however it is recommended to still complete your own testing prior to the nomination close date of March 31 and submit this data with your nomination information.

4. Eligibility

The NDS Selection Panel will only consider an athlete for selection who is eligible as at the selection date. Eligibility requirements for selection are:

a. Athlete is 16-20 (males) or 17-20 (females) as of the 1 January 2024; and
b. Athlete is a member of- and in good standing with Tri NZ; and
c. Athlete has demonstrated to the satisfaction of the Selection Panel they are not suffering any physical or mental impairment that would prevent them from competing to the best of their ability; and
d. Athlete agrees to all conditions within the Tri NZ HP Athlete Contract or Agreement (as applicable) or has confirmed that he or she will sign an Athlete Contract or Commit to the Athlete Code of Conduct (as applicable) if selected; and

e. To Tri NZ's knowledge, has not used or administered any substance which, if it had been detected as being present in the Athlete's body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in Tri NZ's, World Triathlon or WADA's regulations.

5. Selection Process

Each year the Tri NZ NDS Selection Panel will select up to 16 athletes at its sole discretion. In combination with race results, using the Tri NZ Prognostic Model (appendix 1), athletes must achieve a minimum combined swim (200m) + run (1.5km) % total of 170% to be considered for NDS.

As an example, if you are a female athlete and you swim 2.21 for 200m and run 4.49 for 1.5km you would get 89% for the swim + 83% for the run with a combined total of 172%. Athletes that achieve 170% are not automatically selected to the squad.

An athlete's times must be observed and recorded by a Tri NZ staff member, Tri NZ HP coach, or at a last resort, their personal coach.

Swim	Run
Swim times can be recorded from a dive start, in a long or short course pool, without a wetsuit.	Run times to be conducted on a 400m running track.
No drafting off other swimmers is allowed.	Mass start "race" situation is allowed.
Maximum 2 swimmers per lane, spaced a minimum of 15seconds apart at the start with the fastest swimmer going first whenever possible. Where lapping occurs, the lapped swimmer should keep to their left to allow the overtaking swimmer to pass freely.	Running events can be used for the purpose of achieving a time, please provide website evidence.
Organised swim events can be used for the purpose of achieving a time, please provide website evidence.	

6. Performance standards that count towards selection to the NDS

All results from Continental Cup (including Junior Conti Cups), Oceania U19 Championships and NZ Junior Series races between the period 1 April 2023 and 31 March 2024 will be used in the consideration of selection into the NDS.

7. Tri NZ NTS Selection Panel

Travis White (chair), Bruce Hunter, Chris Willett, Tamara Reed and Tess Mattern.

8. Support for Selected Athletes

The NDS is primarily user-pays with athletes selected for a 12-month period. Where possible Tri NZ will look for costs efficiencies to help remove barriers for athletes to attend key activities.

9. Replacement Athlete

If the selection panel deems it necessary to add and/or remove athletes to/from the NTS, it can do so at any time at its sole discretion.

APPENDIX 1: TRI NZ PROGNISTIC MODEL

Run distance 1,500m   *Swim distance* 200m

	Female				Male			
	Swim	**200m**	**Run**	**1,500m**	**Swim**	**200m**	**Run**	**1,500m**
%Prog	Female	FSwimPace	Female	FRunPace	Male	MSwimPace	Male	MRunPace
100.0%	02:07.0	01:03.5	0:04:07	02:44.7	01:59.0	00:59.5	0:03:38	02:25.3
99.5%	02:07.6	01:03.8	0:04:08	02:45.5	01:59.6	00:59.8	0:03:39	02:26.1
99.0%	02:08.3	01:04.1	0:04:09	02:46.3	02:00.2	01:00.1	0:03:40	02:26.8
98.5%	02:08.9	01:04.5	0:04:11	02:47.1	02:00.8	01:00.4	0:03:41	02:27.5
98.0%	02:09.5	01:04.8	0:04:12	02:48.0	02:01.4	01:00.7	0:03:42	02:28.2
97.5%	02:10.2	01:05.1	0:04:13	02:48.8	02:02.0	01:01.0	0:03:43	02:29.0
97.0%	02:10.8	01:05.4	0:04:14	02:49.6	02:02.6	01:01.3	0:03:45	02:29.7
96.5%	02:11.4	01:05.7	0:04:16	02:50.4	02:03.2	01:01.6	0:03:46	02:30.4
96.0%	02:12.1	01:06.0	0:04:17	02:51.3	02:03.8	01:01.9	0:03:47	02:31.1
95.5%	02:12.7	01:06.4	0:04:18	02:52.1	02:04.4	01:02.2	0:03:48	02:31.9
95.0%	02:13.4	01:06.7	0:04:19	02:52.9	02:05.0	01:02.5	0:03:49	02:32.6
94.5%	02:14.0	01:07.0	0:04:21	02:53.7	02:05.5	01:02.8	0:03:50	02:33.3
94.0%	02:14.6	01:07.3	0:04:22	02:54.5	02:06.1	01:03.1	0:03:51	02:34.1
93.5%	02:15.3	01:07.6	0:04:23	02:55.4	02:06.7	01:03.4	0:03:52	02:34.8
93.0%	02:15.9	01:07.9	0:04:24	02:56.2	02:07.3	01:03.7	0:03:53	02:35.5
92.5%	02:16.5	01:08.3	0:04:26	02:57.0	02:07.9	01:04.0	0:03:54	02:36.2
92.0%	02:17.2	01:08.6	0:04:27	02:57.8	02:08.5	01:04.3	0:03:55	02:37.0
91.5%	02:17.8	01:08.9	0:04:28	02:58.7	02:09.1	01:04.6	0:03:57	02:37.7
91.0%	02:18.4	01:09.2	0:04:29	02:59.5	02:09.7	01:04.9	0:03:58	02:38.4
90.5%	02:19.1	01:09.5	0:04:30	03:00.3	02:10.3	01:05.2	0:03:59	02:39.1
90.0%	02:19.7	01:09.9	0:04:32	03:01.1	02:10.9	01:05.4	0:04:00	02:39.9
89.5%	02:20.3	01:10.2	0:04:33	03:02.0	02:11.5	01:05.7	0:04:01	02:40.6
89.0%	02:21.0	01:10.5	0:04:34	03:02.8	02:12.1	01:06.0	0:04:02	02:41.3
88.5%	02:21.6	01:10.8	0:04:35	03:03.6	02:12.7	01:06.3	0:04:03	02:42.0
88.0%	02:22.2	01:11.1	0:04:37	03:04.4	02:13.3	01:06.6	0:04:04	02:42.8
87.5%	02:22.9	01:11.4	0:04:38	03:05.2	02:13.9	01:06.9	0:04:05	02:43.5
87.0%	02:23.5	01:11.8	0:04:39	03:06.1	02:14.5	01:07.2	0:04:06	02:44.2
86.5%	02:24.1	01:12.1	0:04:40	03:06.9	02:15.1	01:07.5	0:04:07	02:45.0
86.0%	02:24.8	01:12.4	0:04:42	03:07.7	02:15.7	01:07.8	0:04:09	02:45.7
85.5%	02:25.4	01:12.7	0:04:43	03:08.5	02:16.3	01:08.1	0:04:10	02:46.4
85.0%	02:26.1	01:13.0	0:04:44	03:09.4	02:16.9	01:08.4	0:04:11	02:47.1
84.5%	02:26.7	01:13.3	0:04:45	03:10.2	02:17.4	01:08.7	0:04:12	02:47.9
84.0%	02:27.3	01:13.7	0:04:47	03:11.0	02:18.0	01:09.0	0:04:13	02:48.6
83.5%	02:28.0	01:14.0	0:04:48	03:11.8	02:18.6	01:09.3	0:04:14	02:49.3
83.0%	02:28.6	01:14.3	0:04:49	03:12.7	02:19.2	01:09.6	0:04:15	02:50.0
82.5%	02:29.2	01:14.6	0:04:50	03:13.5	02:19.8	01:09.9	0:04:16	02:50.8
82.0%	02:29.9	01:14.9	0:04:51	03:14.3	02:20.4	01:10.2	0:04:17	02:51.5
81.5%	02:30.5	01:15.2	0:04:53	03:15.1	02:21.0	01:10.5	0:04:18	02:52.2
81.0%	02:31.1	01:15.6	0:04:54	03:16.0	02:21.6	01:10.8	0:04:19	02:52.9
80.5%	02:31.8	01:15.9	0:04:55	03:16.8	02:22.2	01:11.1	0:04:21	02:53.7
80.0%	02:32.4	01:16.2	0:04:56	03:17.6	02:22.8	01:11.4	0:04:22	02:54.4
79.5%	02:33.0	01:16.5	0:04:58	03:18.4	02:23.4	01:11.7	0:04:23	02:55.1
79.0%	02:33.7	01:16.8	0:04:59	03:19.2	02:24.0	01:12.0	0:04:24	02:55.9
78.5%	02:34.3	01:17.2	0:05:00	03:20.1	02:24.6	01:12.3	0:04:25	02:56.6
78.0%	02:34.9	01:17.5	0:05:01	03:20.9	02:25.2	01:12.6	0:04:26	02:57.3
77.5%	02:35.6	01:17.8	0:05:03	03:21.7	02:25.8	01:12.9	0:04:27	02:58.0
77.0%	02:36.2	01:18.1	0:05:04	03:22.5	02:26.4	01:13.2	0:04:28	02:58.8
76.5%	02:36.8	01:18.4	0:05:05	03:23.4	02:27.0	01:13.5	0:04:29	02:59.5
76.0%	02:37.5	01:18.7	0:05:06	03:24.2	02:27.6	01:13.8	0:04:30	03:00.2
75.5%	02:38.1	01:19.1	0:05:08	03:25.0	02:28.2	01:14.1	0:04:31	03:00.9
75.0%	02:38.8	01:19.4	0:05:09	03:25.8	02:28.8	01:14.4	0:04:33	03:01.7

Note: This prognostic model increases by increments of 0.5%, it does not go up every second, therefore to achieve a higher percentage you are required to do that time. As an example, if you are a female who swims 2.19.3 for 200m you would still be 90%, not 90.5%.