



**TRIATHLON NZ**  
**NATIONAL SERIES**

**2023 – 2024 Cross Triathlon  
National Championships**

**Age-Group National Champions**

Place	Athlete	Category
<b>Female</b>		
1.	Madeleine Long	Female 25-29
2.	Jackie Long	Female 25-29
3.	Thomasina Loeffen	Female 25-29
1.	Caroline Reid	Female 30-34
2.	Jessica Howes	Female 30-34
1.	Alex Dunnett	Female 35-39
2.	Rachel O'Connell	Female 35-39
3.	Gonda Sollie	Female 35-39
1.	Arna Craig	Female 40-44
2.	Jen Hodgson	Female 40-44
3.	Kylie McCarroll	Female 40-44
1.	Vicky Jones	Female 45-49
2.	Helen Figueira	Female 45-49
3.	Jude Sleigh	Female 45-49
1.	Helen Bradford	Female 50-54
2.	Katherine Fitch	Female 50-54
1.	Mandy Metcalf-Stephens	Female 55-59
1.	Louise O'Connell	Female 65-69

Place	Athlete	Category
<b>Male</b>		
1.	Laurie Watson	Male 20-24
2.	Tiaan McKinnel	Male 20-24
3.	Riley Hika	Male 20-24
1.	Joshua Preston	Male 25-29
1.	Stephen Woodward	Male 30-34
2.	Luke Parker	Male 30-34
3.	Sam Lindsay	Male 30-34
1.	David Liddell	Male 35-39
2.	Matt Sumner	Male 35-39
3.	Luke Murdoch	Male 35-39
1.	Richard Ferguson	Male 40-44



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2.	Mark Ewing	Male 40-44
3.	Tim Wells	Male 40-44
1.	Timothy Smith	Male 45-49
2.	Craig Neiper	Male 45-49
3.	Rob Dallimore	Male 45-49
1.	Bryce Dunlop	Male 50-54
2.	Hamish Pepper	Male 50-54
3.	Tom Sharpe	Male 50-54
1.	Gareth Cashin	Male 55-59
2.	Craig Yorston	Male 55-59
3.	Bruce Hutchison	Male 55-59
1.	Wayne Leighton	Male 60-64
2.	Grant Utterisge	Male 60-64
1.	Andrew McLeod	Male 65-69
1.	Ray Lichtwark	Male 75-59