

## 2023 – 2024 Cross Duathlon National Championships

## **Overall Winners**

Male	Female
1. Ben Hennessy	1. Penny Mouat
2. David Fitch	2. Alice Mullins
3. Richard McKinlay	3. Blythe Ventura

## **Age-Group National Champions**

Place	Athlete	Category
Female		
1.	Penny Mouat	Female 25-29
1.	Alice Mullins	Female 30-34
2.	Blythe Ventura	Female 30-34
3.	Jenni Corbet	Female 30-34
1.	Loran Verpillot	Female 40-44
2.	Tara Buxton	Female 40-44
1.	Keryn Morgan	Female 45-49

Place	Athlete	Category
Male		
1.	Ben Hennessy	Male 20-24
2.	Jack Liddell	Male 20-24
3.	Cameron Dunlop	Male 20-24
1.	Greg Banks	Male 30-34
2.	Matthew Holloway	Male 30-34
1.	Richard McKinlay	Male 35-39
2.	Brad Caldwell	Male 35-39
3.	David Checkitts	Male 35-39
1.	Adam Clifford	Male 40-44
1.	David Fitch	Male 45-49
2.	Brook Armishaw	Male 45-49
1.	Hayden Prattley	Male 50-54
2.	Rob MacLean	Male 50-54
3.	Gary Lister	Male 50-54
1.	Brett Turia	Male 55-59
2.	Tony McGuire	Male 55-59