

# LEAGUE RESULTS AFTER RACE 3

## Note:

- Race 1 was the first race of the series, it was short and very fast, with lots of bunch dynamics. For these reasons the category limits were not strictly enforced other than those that were over 1watt/kg over the limit, they were moved up.
- Race 2 was a good representation of a participants FTP (race taking 40-50mins for majority and less of a bunch effect due to hills) and thus that is why people were asked to race in that category from that point on.
- From Race 3 on we will have a small tolerance of 0.2 watts/kg due to the fact races take between 40-55(ish) minutes (depending on your category) and thus people may inadvertently ride slightly over their FTP (FTP is the power you can hold for an hour)
- **The majority of people raced in the correct category, there were fewer than 10 who needed to be moved up and most of these were first timers to the league. Those that ignored the request last week to race in the correct category (less than 3) were moved up to the correct category again, this will continue to happen to ensure fair racing in the lower categories.**
- Those that did not have a power meter or smart trainer have been relegated to 4<sup>th</sup> in individual races if they came in a podium position (as per rules)
- Any result queries please email [anna.russell@triathlon.kiwi](mailto:anna.russell@triathlon.kiwi)
- Remember this is a fun race series where main prizes are given away as spot prizes

## FAQs:

- **Why am I not listed in the results?** - Did you register before the race? Make sure you register here: <https://trinz.typeform.com/to/P6oCqt>
- **Why are my points totals not adding up to what I think it should based on my placings?** – This may be because on the odd occasion someone has forgotten to register or accidentally entered the wrong category. After the race their result has been put into the right category based on their time, this may change the points.
- **Why have you given an 0.2w/kg tolerance?** – as per above this is because the races are slightly shorter than the amount of time that gives you your FTP number (60mins). This is also because if someone has been within their category limit for most of the races and then in one race is slightly above it may not be fair to go back and change their entire race series to a different category, this becomes more obvious as the series progresses. For example Jane races in Cat B, she has stayed at 3.8w/kg for 5 out of the 6 races, then in the last race she gets in a good bunch and pushes herself and races at 4.1w/kg, we would allow her to remain in Cat B rather than change all her previous races to Cat A.
- **I raced within the tolerance but you've moved me up a category** – This is because you raced in the incorrect category based on your Race 2 result. For example Jane raced Race 2 in Cat B but raced at 4.4w/kg, her result was changed to Cat A, she then raced Race 3 again in Cat B and raced at 4w/kg (within tolerance but outside Cat limit), she has been moved up.
- **Why don't you just have everyone go on ZwiftPower** – this would be a great solution but unfortunately not everyone has been able to get their hands on a smart trainer and thus is using a dumb trainer set up. We believe it is fair to include these results even though they may not get on the podium in individual races due to the rules.
- **Why don't we have separate male and female categories** – in hindsight this would have been a much better idea and if we ran an event in the future we would have separate female categories. It is too late now though for this series as female podium category place getters would lose their points when all females get put together.
- **Why don't you just ditch the categories all together** – we would probably do this in the future but when planning the event we thought it would be nice to be able to celebrate results for those in our lower categories who would get lost in the results if everyone was together.
- **Why isn't this perfect** – Good question! I would love this to be a perfect race series but unfortunately there is a lot of manual work to ensure the fairest results we can, include as many people as we can, and work within the constraints of Zwift. If you have a great way to make this perfect shoot [anna.russell@triathlon.kiwi](mailto:anna.russell@triathlon.kiwi) an email and she will send you through her results spreadsheet to validate and improve.

# Team Standings

AFFILIATED CLUB	POINTS
Auckland City Triathlon Club	519
North Harbour Triathlon Club	354
Triathlon Tauranga	337
Canterbury Triathlon Club	318
Tri Wellington	162
Southland Triathlon and Multisport Club	88
Black Sands Triathlon Club	88
Hibiscus Coast Harriers & Triathlon Club	83
Dunedin Triathlon and Multisport Club	78
Manawatu triathlon club	67
Nelson Triathlon & Multisport Club	64
Triathlon Hawke's Bay	46
Rotorua Association of Triathletes	43
Eastern Bay of Plenty Triathlon & Multisport Club	34
Waitakere Triathlon and Multisport Club	33
South Canterbury Pacers	28
Eastland Triathlon & Multisport Club	24
Whangarei Tri Club	17
Whanganui Multisport Club	17
Oamaru Multisport	11
Tri Sport Taupo	9
Hamilton Tri Club	3
Taranaki Triathlon Club	2
Tri Wanaka	1

ACCREDITED COACH GROUP	POINTS
Ohagan Sport	351
Perimeter Coaching	208
Foot Traffic Endurance Sport Coaching	195
Team Inspire	178
Tri NZ HP	162
Team HardCor	86
Sweat7	82
Craig Kirkwood coaching	66
Canterbury Triathlon Academy	65
Mr Smiths	64
Traction Fitness	57
Elevate coaching	49
Fitter	37
IronHobbit ACTIONS	36
Fitness Locker	35
Athletic Peak	35
Sheldrake Coaching	25
Evolove Triathlon Coaching	19
Boost Coaching	15
Manawatu Triathlon Academy	11
John Newsom	9
Change Fitness	6
TR Racing	3
Transition Coaching	2

## CATEGORY A+

NAME	POINTS
Cassius Jeff-East	50
Ryan Kiesanowski	48
Gus Marfell	44
Ryan Sissons	41
Sola Kuwasaki	39
josh harrison	39
Luke Schofield	31
Toby Fuller	30
Braden Currie	30
Hayden Wilde	29
Simon Cochrane	28
Liam Ward	27
Tim Rush	26
Tayler Reid	24
Mike Phillips	19
Jack Moody	10
Kyle Smith	9
Mark Bowstead	7

## CATEGORY A

NAME	POINTS
Ben Phillips	38
Heath Eckersley	36
Adam Martin	26
Nathan Martin	24
Logan Mort	24
Will Cooper	23
Boston Bright	23
sam fisher	23
Kallum Mardon	23
Winston Briggs	22
Bobby Kells	21
Rob Dallimore	20
Andrew Pointon	20
Trent Thorpe	19
James Corbett	18
Malcolm Cleland	18
Andrew Vane	17
Grayson Westgate	17
Quentin Fogarty	17
Tony OHagan	16
Tom Somerville	16
Brodie Madgwick	16
Peter Campbell	16
Darragh Walshe	15
Liam BIRD	15
Daniel Coleman	15
Kieron Batt	14
Tyrone Hellyer	14
James Gardner	14
Keegan Hornblow	13
David Oliver	12
Matthew Ney	11
Sam Clark	11
Gerard Bell	11
Jason Hunt	10
Hunter Gibson	10
Greg BASSAM	9
Craig Kirkwood	9
Max Gordon	8
Liam Miller	8
Kane McCollum	8
David Martin	7
Finian Orr	7

NAME	POINTS
Sophie Corbidge	53
Amanda Robinson	48
Rebecca Clarke	45
Kate Mcllroy	39
Ella Harris	39
Angie Wall	38
Hannah Knighton	38
Natasha Bowyer	30
Anneke Jenkins	28
Nicole Van der Kaay	26
Andrea Hewitt	22
Sarah Morrison	22
Hannah Wells	18
Louise Dumeé	8

Josiah Ney	7
Alex Brackenbury	6
Dilly Dilly	5
James Krzanich	5
John Newsom	3
Jason Schoeman	3
Jake Hendrickx	3
Blake Miller	2
William Leong	2
Raymond Lofamia	2
Taz Selfe	2
James Olson-Keating	2
Johnny van Altvorst	2
Lachlan Haycock	1
Warrick Jones	1
Brendon Bergs	1
Hamish Hargest	1
Jamie Campbell	1
Finnegan Murphy	1
Ben Tallon	1
Flynn Morgan	1

## CATEGORY B

NAME	POINTS
James Doust	60
Duncan Tindall	40
Hayden Sisson	37
Shaun Blackie	34
Will Rouse	34
Michael Leaf	32
Chris Chapman	25
Paul Cropp	22
David Metcalfe	21
Sam Crosbie	19
Michael Buenaflor	19
Chris Dunn	18
Simon van Rossen	16
Neill Alder	16
Kyle Lang	16
Kevin Barker	16
Darren Rowe	15
Andrew Richards	14
Ben Wreford	14
Ewald Kruger	13
Tony Manson	13
Neil Millar	13
Simon Brown	12
Sam Edmondston	11
Anton Bergs	11
Eachann Bruce	11
Andrew Townsend	10
MATT BOS	10
Blair Mills	10
Nick Hegan	10
Malcolm Elley	10
Chris Willett	9
Hayden Beetar	9
Hamish Miller	8
Cole Burmester	8
Peter Wilkinson	7
Mike Robinson	7
Shane Bradley	7
Ben Airey	7
Josh Hamblyn	6
Connor Whiteley	6
Matt Brook	5
Wayne Leighton	3
Bill Blackmore	3
Dave Bradding	3
Greg Jones	3

NAME	POINTS
Nicole Wilson Wilson	59
Julia Grant	52
Diana Simpson	51
Kate Brown	50
Charli Miller	47
Indy Kraal	42
Eva Nugent	38
Emily McNaughtan	32
Laura Wood	29
Ainsley Thorpe	29
Abby Natrass	27
Emma Blackmore	26
Tina Cox	25
Bex Grace	25
Rachael Quin	20
Carys Coleman	17
Sarah O'Grady	17
Larissa Wildsmith	15
Martina Wreford	14
Anthea Oliver	14
Monique Spedding	12
Claire Kirby	11
Julia Spark	11
Claudia Weidekamm	10
Tilly Offord	10
Danielle Trewoon	10
Lola Bryson-Boe	9
Amy Di Benedetto	9
Laura Pedofsky	9
Bridget Kiddle	8
Tracey Livingstone	6
Lydia Hale	5
Alice Wilson	5
Katherine Kabala	5
Linda Rowe	2
Bree Monaghan	2
Brea Roderick	1
Hayley Cornwall	1
Natalya Carter	1

Steve Swallow	3
Cameron Whyte	3
Ross Plumpton	3
Paul Koot	3
Michael Grain	3
Scotty Yang	3
Wayne Ross	3
Simon Swift	3
Henry McMecking	3
Veiko Termonen	3
Nigel Beardsley	3
Jon Atherton	3
Liam Harrison	3
Nick Taylor	3
Elliot Harvey	3
Stephen Farrell	2
James Bremner	2
Drew Bromwich	2
Glen McSkimming	2
Matheson Colquhoun	2
Nathan Peterson	2
Alan Bryson	2
Hamish Robertson	2
Warwick Tuffnell	2
Kim Sarkin	2
Mark Howard	2
Peter Kadar	2
Devon Manchester	2
Hamish Wall	2
Stephen Hurdley	2
Adam Pogson	2
Thomas Newsom	2
Grant BUCKINGHAM	2
Cam Anderson	2
Luke Williams	2
AJ Cornwall	2
Adam Hazlett	2
David Goodall	2
Shem Banbury	2
Dennis Langford	1
Matt Downs	1
Carl Read	1
Robert Schrey	1
Cam Brown	1
Roger Matheson	1
Matt O'Connor	1
Liam Dooley	1
Simon Lawson	1
Jared Hartshorn	1
Bruno Lira	1
Stephen Sheldrake	1
Rick Manley	1

Paul Trudgian	1
Brendan Wharehoka	1
Sam Thompson	1
Rich King	1
Cameron Mumby	1
Tom Saunders	1
Justin Roy	1
Phil Paterson	1
Damon Clark	1



## CATEGORY C

NAME	POINTS
Chris Wirjapranata	39
Mike McDavitt	38
Dave Lett	38
BARRY STEVENS	28
Steve Parsons	24
Aaron MacDonald	21
Lee Ornsby	20
Steve Covacich	20
Mark Stantiall	20
Peter Richmond	19
Hayden Goldsack	18
Gareth Wright	17
Vourne Palmer	16
Stephen Robb	16
Stu Hirst	16
Alex Waite	16
Simon Pienaar	16
Gareth Holebrook	15
Graham Perks	14
Grant Lyon	13
James Madden	13
Jonathan Wieland	12
Tom Lysaght	9
Rubin Whiteley	8
Johnny Calley	6
Eric Gomez font	5
james wellacott	4
Peter Carrucan	4
Henry Reyes	4
Aaron White	3
Dan Plaisted	3
Javier Garcia	3
Warren Ross	3
Jeff Roberts	3
Tom Andersen	3
Marty Hill	3
Elliot McKinnel	3
Iron HobbitNZ	3
Robin Eyre	3
William Kelsey	2
Patrick Johnson	2
Trevor Millen	2
Richard Shine	2
Thomas Trollope	2
Julian Hart	2
David Bedgood	2

NAME	POINTS
Britt Litton	39
Annabelle Bramwell	37
Nicole Youman	33
Sam Bradley	30
Kayla Millar	26
Jennifer Hodgson	26
Sophie Robinson	21
Holly Grice	19
DJ Gillming	18
Marla Ross	17
Deirdre Lack	17
Lu Hunt	16
Lynzi Armstrong	15
Anna McRae	15
Charlotte Brown	14
Maddie Gardiner	14
Kylie Cox	13
Vicki Fleming	12
Zara Jancys	12
Gemma Kennedy	11
Nicola Sproule	11
Sophie Lysaght	9
Georgina Bryant	9
Lynaire Parish	9
Ali McHugh	9
Nicole Brownlee	8
Tracey Barr	8
Sierra Ryland	7
Maddie Huyskens	5
Anna Guy	3
Lee-anne Young	3
Gemma Wigley	2
Brenda Wotton	2
Jane Powell	2
Holly Fletcher	2
Anna Lindsay	2
Alex Johnson	2
Georgia Hair	2
Jana Puttkammer	2
Aleksa Westfal	2
Lucy Strack	1
Jasmine Lovell	1
Mia Thomas	1
Kirsty Wood	1
Holly Boyd	1
Tamara Reed	1

Steve Driscoll	2
Paddy Cribb	2
Blair Thomas	2
Richie Crehan	2
Richard Plew	2
Matt Fussell	2
Matt van der Vliet	2
Mike Stott	2
Dan Parkman	1
Paul Gray	1
Wil Verar	1
Matt Moore	1
Tom Watters	1
Cameron Jones	1
Richard Farquhar	1
Shaun McCarthy	1
Dave Hunter	1
Matt Webb	1
Mark Hudson	1
Paul McElhone	1
Peter McLeod	1
Ben Dyson	1
Phil Bilbrough	1
Alex Bees	1
Carlton Oliver	1
Brent Jamieson	1
Gene Andrews	1
Gen Foo	1
Mark Alderson	1
Jacques Olivier	1
Mark Coffey	1
Paul Charman	1
John Lehman	1
Keith Preston	1
Murray Place	1
Mike Cochrane	1

Kelly Good	1
Helen Wright	1
Aleksa-Lucca Westfal	1
Alexandra Field	1

## CATEGORY D

NAME	POINTS
Stuart Jones	38
Brian Ashby	38
Grant Utteridge	35
Ian Fahy	35
Rowan Simpson	34
Stephen Greenfield	33
Hamish Ross	32
Ennis Young	29
Rob Huggins	29
Kris Milne	29
Barry Herbison	25
Jared Halligan	19
Neil Woolridge	18
Gareth Evans	17
Grant Hogan	16
Glen Evans	15
Robert Gleeson	15
Todd Goggin	15
Johann Henning	14
Mike Harrison	12
Matthew John Schipper	10
Barrie Eccles	10
John Hill	9
Paul Howells	9
Shaun Houlahan	8
Ken O'Rourke	6
hayden Flintoff	6
Kyle Sutton	6
Tony Frost	4
Bryan Wild	2
Graham Biggs	1
Michael Hamilton	1

NAME	POINTS
Amanda Cathro	58
Sarah Saunderson-Warner	53
TRACEY BOS	48
Kylie Frost	43
Rachael Knapton	40
Tanya Lavington	38
Samantha Bradley	31
Jeany Rogers	31
Sinead Ennis	29
Christina Whitehead	24
Jacqui Maitland	23
Cherie Scott	20
Ella Wills	17
Freya Robinson-Mills	16
Mel Saltiel Saltiel	16
Ali Boggs	15
Hannah Harrod	14
Alice Perry	11
Lily Greenwood	10
Leigh Davidson	9
Jessie Coxon	8
Aimee Bradley	7
Nadia Maclaren	6
Megan Watson	4
Chloe Hedley	1
Mila Laarakkers	1

# U19

NAME	POINTS
Gus Marfell	44
Hayden Sisson	37
Will Cooper	23
Boston Bright	23
Kallum Mardon	23
James Corbett	18
Grayson Westgate	17
James Gardner	14
Matthew Ney	11
Sam Edmondston	11
Hunter Gibson	10
Rubin Whiteley	8
Ben Airey	7
Finian Orr	7
Alex Brackenbury	6
Henry McMecking	3
Thomas Newsom	2
Taz Selfe	2
Cam Anderson	2
William Leong	2
James Olson-Keating	2
Matheson Colquhoun	2
Flynn Morgan	1
Finnegan Murphy	1
Tom Watters	1
Matt Moore	1
Liam Dooley	1

NAME	POINTS
Charli Miller	47
Samantha Bradley	31
Emma Blackmore	26
Kayla Millar	26
Ella Wills	17
Freya Robinson-Mills	16
Maddie Gardiner	14
Charlotte Brown	14
Monique Spedding	12
Zara Jancys	12
Lily Greenwood	10
Lola Bryson-Boe	9
Georgina Bryant	9
Jessie Coxon	8
Aimee Bradley	7
Maddie Huyskens	5
Georgia Hair	2
Bree Monaghan	2
Hayley Cornwall	1
Brea Roderick	1
Natalya Carter	1
Mila Laarakkers	1
Alexandra Field	1
Mia Thomas	1
Aimee Blackmore	
Lucy McLean	
Emily Shaw	
jessalie green	